INSTRUCTIONS TO CANDIDATES

- Answer all questions in section A in the spaces provided
- Section B is compulsory
- Choose any two questions from section C
- This paper consists of 14 printed pages
- Do not remove any pages from this booklet.
- Answer all questions in English.
- Candidates should check to ascertain that all pages are printed as indicated and that no questions are missing.

FOR EXAMINERS USE ONLY

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This paper consists of 14 printed pages. Check to ensure all pages are printed and that no question is missing.
SECTION A (40 MARKS)

1. Give four functions of vitamin C. (2mks)

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2. Mention two ways the social need of a patient recuperating at home can be abused. (2mks)

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3. State two ways of preparing a tin for baking. (2mks)

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4. Mention two importance of pressing during garment construction. (2mks)

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5. State two precautions to take when using wood as fuel. (1mk)

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6. Mention any two practices in the management of sprains. (1mk)

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7. Note down two causes of missing stitches during machining. (2mks)

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8. Name **two** desirable properties of storage facilities. (1mk)

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9. List down **two** laundry treatments which may be done during the rinsing stage other than starching. (2mks)

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10. State two reasons why sufficient ventilation is needed.(2mks)

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11. Highlight **two** factors that determine the specific nutritional needs of a sick person. (1mk)

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12. Identify the correct direction to press the following **darts** during garment construction. (2mks)

(i) Front shoulder dart ________________________________________________

(ii) Bust dart ________________________________________________________

(iii) Elbow dart ______________________________________________________

(iv) Back waist dart ___________________________________________________

13. Describe how to identify silk using the burning test. (2mks)

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14. Identify **two** ways in which consumers can protect themselves from exploitation. (2mks)

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15. State two reasons why saucepans should have a thick base. (1mk)

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16. Give two scenarios where mechanical ventilation would be necessary. (1mk)

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17. Suggest two factors that can lead to a faulty pastry. (1mk)

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18. List two points on the importance of basting in cooking. (1mk)

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19. List two advantages of dry cleaning. (1mk)

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20. Name two vaccines administered orally. (1mk)

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21. Name two types of electric lamps. (1mk)

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22. State two reasons for blending fibres. (1mk)

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23. Give two disadvantages on the use of credit cards. (2mks)

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24. Highlight two reasons why weaning is done. (1mk)

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25. Mention two ways of ensuring tucks are well made (2mk)

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26. List two advantages of natural lighting. (1mk)

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27. State two different ways of attaching a collar to the neckline. (2mks)

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28. You are preparing to go back to school. Describe how you would:
   (a) Clean a greasy glass mug. (5mks)

   (b) Dry clean and finish your school polyester tie. (7mks)

   (c) Launder a loose coloured nylon garment. (8mks)
SECTION C (40 MARKS)

29. (a) Outline four precautions to take when laundering baby’s napkin.  
    (4mks)
(b) Identify four problems related to breast feeding and their remedies.  
    (4mks)
(c) State four points to bear in mind when taking body measurements.  
    (4mks)
(d) State four disadvantages of hoarding.  
    (4mks)
(e) List four general rules to observe when making flour mixtures.  
    (4mks)

30. (a) Mention four qualities of a well made hem.  
    (4mks)
(b) Give four reasons for heavy and close texture in creamed cake mixtures.  
    (4mks)
(c) Mention four ways of making a faced slit opening decorative.  
    (4mks)
(d) Highlight four advantages of complementary feeding.  
    (4mks)
(e) Explain four qualities suitable for a night wear.  
    (4mks)

31. (a) Explain four ways pastry can be kept cool during preparation.  
    (4mks)
(b) Note down four qualities of a well-made collar.  
    (4mks)
(c) State four advantages of hire purchase.  
    (4mks)
(d) State four ways of caring for a lactating mother.  
    (4mks)
(e) Write down four points to bear in mind when choosing a method of “fullness disposal”.  
    (4mks)