

GRADE 1

➤ **HYGIENE AND NUTRITION ACTIVITIES**

NAME: \_\_\_\_\_ CLASS \_\_\_\_\_

TR: \_\_\_\_\_

AVERAGE GRADE

AVERAGE POINTS

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## HYGIENE AND NUTRITION ACTIVITIES

	RATE THE CHILDS ABILITY TO:	✓ INDICATE CHILD'S PERFORMANCE IN EACH QUESTION (use red pen)				
QSN	The child can...	EXCEEDING EXPECTATION	MEETING EXPECTATIONS	APPROACHING EXPECTATIONS	BELOW EXPECTATION	
1	<p>Name any two healthy habits.</p> <p>a. _____</p> <p>b. _____</p> <p>What is the name of the first teeth a baby grows?</p> <p>a. _____</p> <p>b. _____</p> <p>Identify the forms of medicine</p> <p>a. _____</p> <p>b. _____</p> <p>Name materials used to wash our bodies.</p>					

	a. _____  b. _____					
2	<p>What is a latrine and what is a toilet?</p>  <p>Name two toileting behaviours.</p> <p>a. _____</p> <p>b. _____</p> <p>Why do we eat food?</p>  <p>a. _____</p>					

	<p>Name two foods that are green in colour.</p> <p>a. _____</p> <p>b. _____</p> <p>How does a rotten egg smell?</p>					
3	<p>Name two good eating behaviours.</p> <p>a. _____</p> <p>b. _____</p> <p>Where do we buy food?</p>					

	<p>_____</p> <p>Why do we clean fruits before eating?</p> <p>_____</p> <p>Where do we buy meat?</p> <p>_____</p>					
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4	<p>a. What accidents can happen in the house?</p>             <p>b. What is drowning?</p>					
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	<p>c. What causes accidents at home?</p> <p>d. Identify dangerous chemicals at home</p>					
5	What is a first aid kit?					

	What is first aid?					
	What is in the first aid kit?					
	How do you wash hands?					

**Remarks:**