GRADE 1

* **HYGIENE AND NUTRITION ACTIVITIES**

NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ CLASS\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TR:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

AVERAGE GRADE

AVERAGE POINTS

**HYGIENE AND NUTRITION ACTIVITIES**

|  |  |  |
| --- | --- | --- |
|  | **RATE THE CHILDS ABILITY TO:** | * **INDICATE CHILD’S PERFORMANCE IN EACH QUESTION (use red pen)**
 |
| **QSN** | **The child can…** | **EXCEEDING EXPECTATION** | **MEETING EXPECTATIONS** | **APPROACHING EXPECTATIONS** | **BELOW EXPECTATION** |  |
| 1 | Name any two healthy habits.a. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_b. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_What is the name of the first teeth a baby grows?a. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Identify the forms of medicinea.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Name materials used to wash our bodies.a.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |  |  |
| 2 | What is a latrine and what is a toilet?Name two toileting behaviours.1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Why do we eat food?a.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Name two foods that are green in colour.a.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_How does a rotten egg smell? |  |  |  |  |  |
| 3 | Name two good eating behaviours.a.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_b.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Where do we buy food?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Why do we clean fruits before eating?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Where do we buy meat?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |  |  |  |  |  |
| 4 | 1. What accidents can happen in the house?

 1. What is drowning?
2. What causes accidents at home?
3. Identify dangerous chemicals at home
 |  |  |  |  |  |
| 5 | What is a first aid kit?What is first aid? What is in the first aid kit?How do you wash hands? |  |  |  |  |  |
| **Remarks:** |