**COMPETENCE BASED ASSESMENT**

**GRADE 3 YEAR 2020**

 **(MONITORING LEARNERS PROGRESS)**

**MOVEMENT ACTIVITIES TIME:**

NAME:

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LEARNER UPI: GENDER: BOY GIRL

|  |  |  |  |
| --- | --- | --- | --- |
| No. of questions correct |  |  |  |
| Performance level |  |  |  |

SCHOOL NAME

1. We wear \_\_\_\_\_\_\_\_\_\_\_\_\_\_uniform when playing. **(sports, school)**
2. We skip using a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(rope, log)**

**Name 3 body parts involved in skipping**

1.
2.
3.
4. What shape can you make while skipping? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ is a locomotor movement in which there is a combination of a step and a leap. **(leaping, Galloping)**
6. Draw yourself skipping in a circle
7. We use our \_\_\_\_\_\_\_\_\_\_\_\_\_ to record video of our movement activities. **(radio, tablets)**

**Study the picture below and answer questions that follow**



1. What is the name of the animal

1. What skill does the animal demonstrate?

**(leaping, galloping)**

1. When do people use the skill?

**(jumping over mud, walking)**

**Study the picture of the animal below and answer questions that follow.**

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1. Name the animal

1. What skill does the animal show?

1. We \_\_\_\_\_\_\_\_\_\_\_\_ to avoid being hit by objects. **(dodge, hop)**