**COMPETENCE BASED ASSESMENT**

**GRADE 1 YEAR 2020**

**(MONITORING LEARNERS PROGRESS)**

**HYGIENE AND NUTRITION ACTIVITIES TIME:**

NAME:

1. We wash our \_\_\_\_\_\_\_\_\_\_\_\_\_\_ before removing teeth. **(hands, mouth)**
2. Sick people take \_\_\_\_\_\_\_\_\_\_\_\_ to feel better. **(water, medicine)**
3. Teeth that we remove are \_\_\_\_\_\_\_\_\_\_\_\_\_ teeth. **(milk, good)**
4. Use \_\_\_\_\_\_\_\_\_\_\_\_\_ water to take medicine. **(dirty, clean)**
5. We clean our bodies to remove \_\_\_\_\_\_\_\_\_ **(soap, dirt)**
6. We use a \_\_\_\_\_\_\_\_\_\_\_\_ to clean our nose. **(sweater, handkerchief)**
7. Electricity can cause \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(electric shock, drowning)**
8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ can cause accidents in the kitchen. **(Knife, Blanket)**
9. We should wash our hands \_\_\_\_\_\_\_\_\_\_\_\_\_ visiting the toilet. **(before, after)**
10. A hen gives us meat and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(milk, egg)**
11. We should \_\_\_\_\_\_\_\_\_\_\_\_ fruits before eating them. **(cut, wash)**
12. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ is good food for strong teeth. **(sweet, Milk)**
13. Always brush your teeth \_\_\_\_\_\_\_\_\_\_\_ meals. **(before, after)**
14. A place where meat is sold is called \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(market, butchery)**

**Name the pictures below.**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**(tongue, ear, eye)**

1. Wash your hands before \_\_\_\_\_\_\_\_\_\_\_\_

**(bathing, eating, playing)**

1. Vegetables are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for health **(bad, good, sick)**
2. We eat to grow and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(sleep, be healthy)**
3. Dirty hands may have \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(germs, cut, water)**
4. Too much sugar is \_\_\_\_\_\_\_\_\_\_\_\_\_\_ for your health. **(good, bad)**
5. Dirty fruits can make us \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **(healthy, sick)**
6. We should always keep medicine in a \_\_\_\_\_\_\_\_\_\_\_\_\_ cupboard. **(closed, open)**

**Draw a fruit found in your locality**