

GRADE TWO MOVEMENT SCHEME OF WORK TERM THREE YEAR 2018

WE EK	LESSO N	STRAND	SUB STRAND	SPECIFIC LEARNING OUTCOMES	KEY INQUARY QUESTIONS	LEARNING EXPERIENCES	LEARNING RESOURCES	ASSESSMENT	REFLECTION
1	1	Swimming	Horizontal float	By the end of the lesson the learner should be able to: name some objects that may float in water	name different positions for floating in water	Learners to name objects that can float in water	Realia charts	Observation Oral questions	
	2		Horizontal float	By the end of the lesson the learner should be able to: perform the horizontal float technique in water for survival	name different positions for floating in water	Learners to watch video clips of the horizontal float.	Realia charts	Observation Oral questions	
	3		Horizontal float	By the end of the lesson the learner should be able to:perform the horizontal float technique in water for survival	name different positions for floating in water	Learners to watch video clips of the horizontal float.	Realia charts	Observation Oral questions	
	4		Horizontal float	By the end of the lesson the learner should be able to: practice floating in water using the horizontal float for excellence	name different positions for floating in water	Learners individually and in pairs to practice the horizontal float	Realia charts	Observation Oral questions	
	5		Horizontal float	By the end of the lesson the learner should be	name different positions for	Learners individually and in pairs to practice	Realia charts	Observation Oral questions	

				able to: practice floating in water using the horizontal float for excellence	floating in water	the horizontal float			
2	1		Horizontal float	By the end of the lesson the learner should be able to: appreciate floating on water in different directions using the horizontal float for survival	why is it important to float in water	Learners to cooperate while playing simple water games	Realia charts	Observation Oral questions	
	2		Horizontal float	By the end of the lesson the learner should be able to: play simple water games for enjoyment, collaboration and peaceful co-existence,	why is it important to float in water	Learners to cooperate while playing simple water games	Realia charts	Observation Oral questions	
	3		Horizontal float	By the end of the lesson the learner should be able to: play simple water games for enjoyment, collaboration and peaceful co-existence,	why is it important to float in water	Learners to cooperate while playing simple water games	Realia charts	Observation Oral questions	
	4		Horizontal float	By the end of the lesson the learner should be able to play simple water games for enjoyment, collaboration and	why is it important to float in water	Learners to cooperate while playing simple water games	Realia charts	Observation Oral questions	

				peaceful co-existence, :					
	5		Horizontal float	By the end of the lesson the learner should be able to: obey swimming pool rules for own and others safety . er should be able to:	why is it important to float in water	Learners to obey swimming pool rules for safety	Realia charts	Observation Oral questions	
3	1-2		Gliding	By the end of the lesson the learner should be able to name some animals that live in water	Name some of the animals you know that live in water	Learners to name some animals that live in water	Realia charts	Observation Oral questions	
	3-4		Gliding	By the end of the lesson the learner should be able to perform gliding in water for confidence	Name some of the animals you know that live in water	Learners to individually and in groups to practice gliding in water.	Realia charts	Observation Oral questions	
	5		Gliding	By the end of the lesson the learner should be able to practice gliding in water for self-esteem	Name some of the animals you know that live in water	Learners to individually and in groups to practice gliding in water.	Realia charts	Observation Oral questions	

4	1-2		Gliding	By the end of the lesson the learner should be able to establish relationships while gliding in water for creativity and imagination	Name some of the animals you know that live in water	Learners to individually and in groups to practice gliding in water.	Realia charts	Observation Oral questions	
	3-4		Gliding	By the end of the lesson the learner should be able to play simple water games for enjoyment creativity and peaceful co-existence	Name some of the animals you know that live in water	Learners to play simple water games while gliding in water	Realia charts	Observation Oral questions	
	5		Gliding	By the end of the lesson the learner should be able to obey rules while playing water games for own and others safety	Name some of the animals you know that live in water	Learners to obey swimming pool rules for own and others safety.	Realia charts	Observation Oral questions	
5	1-2	Gymnastics	Back to back balance	By the end of the lesson the learner should be able to name the parts of the body that are involved in back to back balance	Name parts of the body involved in back to back balance	Learners to name the parts of the body that are involved in back to back balance	Realia charts	Observation Oral questions	
	3-4		Back to back balance	By the end of the lesson the learner should be able to perform back to back	Name parts of the body involved in back to back balance	Learners to perform back to back balance	Realia charts	Observation Oral questions	

				balance for strength					
	5		Back to back balance	By the end of the lesson the learner should be able to practice back to back balance for strength and creativity,	Name parts of the body involved in back to back balance	Learners to perform back to back balance	Realia charts	Observation Oral questions	
6	1	Gymnastics	Wheel barrow balance	By the end of the lesson the learner should be able to name the parts of the body that are in use when performing the wheel barrow balance for body awareness	How many types of gymnastic balances do you know	Learners to answer questions on the parts of the body that are used when performing the wheel barrow balance	Realia charts	Observation Oral questions	
	2		Wheel barrow balance	By the end of the lesson the learner should be able to perform the wheel barrow balance for strength	How many types of gymnastic balances do you know	Learners to be guided in performing the wheel barrow balances	Realia charts	Observation Oral questions	
	3		Wheel barrow balance	By the end of the lesson the learner should be able to practice the wheel barrow balance for strength and creativity	How many types of gymnastic balances do you know	Learners to be guided in performing the wheel barrow balances	Realia charts	Observation Oral questions	

	4		Wheel barrow balance	By the end of the lesson the learner should be able to play simple games for enjoyment, collaboration, and peaceful co-existence	How many types of gymnastic balances do you know	Learners to pair up and practice the wheelbarrow balance	Realia charts	Observation Oral questions	
	5		Wheel barrow balance	By the end of the lesson the learner should be able to obey rules for own and others safety.	How many types of gymnastic balances do you know	Learners to obey rules when performing the wheel barrow balance for own and others safety	Realia charts	Observation Oral questions	
7	1	Gymnastics	Forward roll	By the end of the lesson the learner should be able to name the parts of the body that are in use when performing forward roll for body awareness,	Name any roll you know	Learners mention gymnastic rolls they know	Realia charts	Observation Oral questions	
	2	Gymnastics	Forward roll	By the end of the lesson the learner should be able to perform forward roll in different ways for agility flexibility and balance	Name any roll you know	Learners perform the forward roll	Realia charts	Observation Oral questions	
	3	Gymnastics	Forward roll	By the end of the	Name any roll	Learners to practice the	Realia	Observation	

				lesson the learner should be able to practice performing the forward roll in different ways for agility, flexibility , balance and for excellence	you know	forward roll	charts	Oral questions	
	4	Gymnastics	Forward roll	By the end of the lesson the learner should be able to appreciate performing the forward roll in different ways for agility, flexibility, balance and self-esteem	Name any roll you know	Learners play simple games using various rolls	Realia charts	Observation Oral questions	
	5	Gymnastics	Forward roll	By the end of the lesson the learner should be able to establish relationships through performing the forward roll in different ways for agility, flexibility , balance and for critical thinking and problem solving,	Name any roll you know	Learners play simple games using various rolls	Realia charts	Observation Oral questions	
8	1		Wheelbarrow walk	By the end of the lesson the learner should be able to	Mention ways in which the body can move on the	Learners identify ways the body can move from one point to	Realia charts	Observation Oral questions	

				explore the different ways of moving from one point to the next for self-esteem	ground	another			
	2		Wheelbarrow walk	By the end of the lesson the learner should be able to perform the wheelbarrow walk for strength and balance	Mention ways in which the body can move on the ground	Learners to perform the wheelbarrow walk	Realia charts	Observation Oral questions	
	3		Wheelbarrow walk	By the end of the lesson the learner should be able to practice the wheelbarrow walk for strength and balance	Mention ways in which the body can move on the ground	Learners to practice the wheelbarrow walk in groups	Realia charts	Observation Oral questions	
	4		Wheelbarrow walk	By the end of the lesson the learner should be able to play simple games for enjoyment creativity, collaboration, and peaceful coexistence,	Mention ways in which the body can move on the ground	learners to play games for enjoyment	Realia charts	Observation Oral questions	
	5			By the end of the lesson the learner should be able to	Mention ways in which the body can move on the	Observe the rules when performing the wheelbarrow walk.	Realia charts	Observation Oral questions	

