**NAME\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_CLASS\_\_\_\_ ADM NO\_\_\_\_\_\_\_**

**HOME-SCIENCE**

**FORM FOUR**

**END TERM 2 2024**

**PAPER ONE**

**THEORY**

**Answer All Questions in the Spaces Provided**

1. Define home science. (1mk)

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1. Give any 2 measures which prevent the occurrence of athlete’s foot (2mks)

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1. Identify 2 major causes of suffocation (2mks)

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1. Give 2 reasons why apartments/flats are not suitable for the young and the elderly (2mks)

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1. List any 2 qualities of containers used to freeze foods (2mks)

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1. Name any 4 waterborne diseases caused by poor sanitation (2mks)

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1. State any 2 qualities of a good iron box (2mks)

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1. Name any 4 fabrics that should not be wrung during laundering (2mks)

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1. Give any 2 reasons for mending clothes (2mks)

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1. State any 2 functions of phosphorus in the body (2mks)

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1. List down any 2 consumer goods and any 2 consumer services (2mks)

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1. Define the following terms (3mks)
2. A cover

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1. A dish

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1. A meal

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1. Apart from pregnancy, identify 2 reasons for missing menstruation (2mks)

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1. Give any 2 symptoms of influenza “flu” (2mks)

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1. Mention any 2 ways achieving habit training in a child (2mks)

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1. State any 2 advantages of a well lit room (2mks)

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1. State any 2 advantages of using loose covers in a room (2mks)

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1. Give any 4 reasons for blanching vegetables (2mks)

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1. List any 4 dehydrated foods in the market which need reconstitution before use (2mks)

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1. State any 2 problems that a consumer may face while planning to purchase an item (2mks)

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**SECTION B 20MKS (COMPULSORY QUESTIONS)**

1. Your aunt has come to visit over the holiday. Describe how you would do the following for her.
2. Launder her loose colored cotton lesso (10mks)

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1. Make the bed that she is going to use (10mks)

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**SECTION C 40 MKS (CHOOSE ANY 2 QUESTIONS)**

22 a) Explain any 4 practices necessary for maintaining healthy teeth (8mks)

 b) Discuss 4 qualities of a well-made in seam pocket. (8mks)

 c) Highlight 4 importance of consumer education (4mks)

 23 a) Explain how the following factors contribute to successful meal planning (8mks)

1. Nutritional balance
2. Climate
3. Texture
4. Food in season

 b) Discuss 4 points to consider when selecting fastenings (8mks)

 c) Identify any 4 factors that affect the efficiency of a detergent (4mks)

 24 a) Explain any 4 processes to be carried out on a fabric before laying out patterns (8mks)

b) Explain any 4 factors that may affect normal foetal development(8mks)

c) State any 4 advantages of using firewood as a fuel for cooking (4mks)