**441/3**

**HOMESCIENCE**

**(FOOD AND NUTRITION PRACTICAL)**

**PAPER 3**

**TIME: 1 ¼ HOURS**

**ELDORET DIOCESE EXAM 2021**

***Kenya Certificate of Secondary Education (K.C.S.E.) TRAIL***

**INSTRUCTIONS TO CANDIDATES**

* *Read the test carefully*
* *Write your name and index number on every sheet of paper.*
* *Textbooks and recipes books may be used during planning session as reference materials.*
* *You will be expected to keep to your order of work during the practical session*
* *You are only allowed t o take away your reference materials at the end of the planning*
* *You are not allowed to bring additional notes to the practical session.*

**THE TEST**

You are expecting your former school mate at around 4 o’clock. Using the ingredients listed below prepare, cook and serve two items and a beverage for the two of you.

**Ingredients.**

* Wheat flour.
* Bread
* Cooking oil.
* Eggs/sausage
* Sugar
* Beverage
* Milk
* Lettuce/cabbage
* Baking powder
* Essence.

**PLANNING SESSION: 30 MINUTES**

Use separate sheets of paper for each task listed below and a carbon paper to make duplicate copies.

Then proceed as follows:

1. Identify the dishes and then write down their recipes

2. Write down your order of work.

3. Make a list of the foodstuffs and equipment you will require.