NAME:

## EQUILIBRIUM AND CENTRE OF GRAVITY

1. A flat lamina is freely suspended from point $P$. The weight of the lamina is 2.0 N and the centre of mass is at C .
$P C=0.50 \mathrm{~m}$
$P Q=0.40 \mathrm{~m}$
$\mathrm{QC}=0.30 \mathrm{~m}$


The lamina is displaced to the position shown.
What is the moment that will cause the lamina to swing?
A 0.60 N m clockwise
B 0.80 N m anticlockwise
C 1.0 N m clockwise
D 1.0 N m anticlockwise
2. A piece of uniform card is suspended freely from a horizontal pin. At which of the points shown is its centre of gravity?

3. A uniform metre rule is balanced by a 4 N weight as shown in the diagram.


What is the weight $W$ of the metre rule?
A 1 N
B 4 N
C 16 N
D 40 N
4. (a) Masses are hung from the end of a helical spring and the following results are obtained.

| Mass $/ \mathrm{g}$ | 0 | 50 | 100 | 150 | 200 | 250 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Length of spring $/ \mathrm{cm}$ |  | 5.0 | 6.0 | 7.0 | 8.0 | 9.0 |

(i) What is the length of the unstretched spring?
(ii) What force is needed to stretch the spring to a length of 6.5 cm ?
(b) A uniform ruler is pivoted at its centre of mass. The same spring is attached to a point 40 cm from the pivot as shown. A load $L$ is hung on the ruler at a point 15 cm from the pivot. This stretches the spring to a length of 6.5 cm . The ruler remains horizontal.


Use the information provided to calculate the mass of the load $L$.
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$\qquad$
$\qquad$
$\qquad$
5. (a) State the two conditions required for the equilibrium of a body acted upon by a number of forces.
1.
2. $\qquad$
$\qquad$
(b) Fig. 3.1 shows a diagram of an arm with the hand holding a weight of 120 N .


Fig. 3.1

The 20 N force is the weight of the forearm, acting at its centre of mass. F is the force in the muscle of the upper arm. P is the point in the elbow about which the arm pivots. The distances of the forces from point $P$ are shown.
(i) By taking moments about point P , calculate the force F .
force $F=$
(ii) A force acts on the forearm at point P. Calculate this force and state its direction.

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force =
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$\qquad$
6.
(a)


A vase is held at an angle as shown in the diagram above. When it is released it falls back on its base.

Explain why, in terms of moments.
$\qquad$
$\qquad$
(b)


In the diagram above, the top of the vase is being given a push. The force is just large enough to make the vase start to tilt.
(i) Calculate the size of the force. Show your working and give the correct unit.
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$\qquad$
$\qquad$
$\qquad$
$\qquad$
(ii) If the base of the vase were wider, a larger force would be needed to make the vase start to tilt. Explain why, in terms of moments.
$\qquad$
$\qquad$

## Maximum 5 marks

7. (a) An athlete wins a trophy for completing a 200 m race in a time of 25 s . Calculate the average speed of the athlete.

Show your working and state the unit.
speed $=$ $\qquad$ [3]
(b) Fig. 5.1 shows four designs for the trophy, $\mathbf{P}, \mathbf{Q}, \mathbf{R}$ and $\mathbf{S}$. The position of the centre of mass of each trophy is marked with an $X$.

P

Q

R

S

State and explain which trophy would be the most stable.
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$\qquad$
$\qquad$
8. A student is being weighed. The student, of weight $W$, stands 0.30 m from end $A$ of auniform plank $A B$, as shown in Figure below.


The plank has weight 80 N and length 2.0 m . A pivot P supports the plank and is 0.50 m from end A . A weight of 70 N is moved to balance the weight of the student. The plank is in equilibrium when the weight is 0.20 m from end $B$.
(i) State the two conditions necessary for the plank to be in equilibrium. 1

2
(ii) Determine the weight W of the student.

$$
\mathrm{W}=
$$

N [3]
(iii) If only the 70 N weight is moved, there is a maximum weight of student that can be determined using the arrangement shown in Fig. 3.1. State and explain one change that can be made to increase this maximum weight.
[2]

