**Student Name…………………………………………Adm No…………………………………………..**

**School………………………………………………Class………………………Date……………………**

**HOME SCIENCE**

**441/3**

**PAPER 3(FOOD AND NUTRITION)**

**TIME: 1 ¾ Hours**

**AUGUST/SEPTEMBER 2022**



**CEKENAS END OF TERM TWO EXAM-2022**

***Kenya Certificate of Secondary Education. (K.C.S.E)***

***FORM FOUR EXAM***

**FOOD AND NUTRION**

**PLANNING SESSION: 30 MINUTES**

**PRACTICAL TEST SESSION: 1 ¼ HOURS**

**INSTRUCTIO N TO CANDIDATES**

1. **Read the test carefully**
2. **Write your name, index number and class on every sheet of paper used during the planning session as reference materials**
3. **Textbooks and recipes may be used during the planning session as reference materials**
4. **Previously written plans are not allowed into the examination room**
5. **You are only allowed to take away your preference material at the planning session**
6. **You will be expected to keep your order of work during the practical session**
7. **You are not allowed to bring additional notes to the practical session**

**THE TEST**

You are hosting a family friend and her 7month old baby. Using the ingredients listed below prepare, cook and serve

1. A two dish meal for the two of you
2. A suitable ,meal for the baby

**Ingredients**

Rice/ Irish potatoes

Beef

Green peas/ French beans

Carrots

Corriander

Salt

Tomatoes

Fat/oil

Sugar

Milk

Onions

Capsicum

Sorghum/millet flour

**PLANNING SESSION (30 MINUTES)**

For each task listed below use separate sheets of paper to make duplicate copies then proceed as follows

1. Identify the dishes and write down their recipes
2. Write down your order of work
3. Make a list of food stuff and equipment you will require

**THIS IS THE LAST PRINTED PAGE!**