**Home Science /Physical Education - Grade 4 Term 1 Exams 2023**

**QUESTIONS**

1. Name the food we eat to make our body healthy (3mks)
	1. ........................................................
	2. ........................................................
	3. ........................................................
	4. ........................................................
2. Draw and name three personal items (3mks)
	1. 
	........................................................
	2. 
	........................................................
	3. 
	........................................................
3. Name three basic needs (3mks)
	1. ........................................................
	2. ........................................................
	3. ........................................................
4. Name the items used to clean the house (3mks)
	1. 
	........................................................

**PHYSICAL EDUCATION**

1. Draw an athletic track showing the starting point of 100m and 200m race (5mks)
2. Name two commands in athletic? (2mks)
	1. ........................................................
	2. ........................................................
3. List four materials used to improve a ball (4mks)
	1. ........................................................
	2. ........................................................
	3. ........................................................
	4. ........................................................
4. Write down two safety measures when improvising a ball
	1. ........................................................
	2. ........................................................
5. Name three games played in your locality
	1. ........................................................
	2. ........................................................
6. We throw the ball using the ........................................................

**MARKING SCHEME**

1. 1. meat
	2. fruits
	3. eggs (any other)
	4. chapati
2.
3. 1. foods
	2. shelter
	3. clothes
4. 1. broom

**PHYSICAL EDUCATION**

1.
2. 1. on your marks
	2. go
3. 1. old pieces of clothes
	2. plastic bags
	3. rubber bands (any other)
	4. strings
4. 1. avoid sharp objects
	2. do not use hard objects of stones
5. 1. football
	2. handball
6. hands