

UUNIORVSTEGONDARYSTEIDION

GRADE SEVEN

SHIPPON

Name:

Grade:

School:

Ass. No

Grade 7 Examination 2023

HEALTH EDUCATION

Time: 1 hour 20 minutes plus 10 minutes reading time.

INSTRUCTION TO CANDIDATE:

- Write your name, candidate number, class and school in the boxes above.
- Do not open this booklet until you are told to do so.
- You are given 10 minutes to read through the questions. Do not start writing until you are told to do so.
- Read each question carefully.
- · Answer ALL questions
- Write your answers, in either blue or black ink, in the spaces provided in the booklet.

FOR THE USE OF MARKERS ONLY

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No.	Total Score
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Junior Secondary

Grade / Health Education (to

	Health (2mks)	The state of the s
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	Health education (2mks)	
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	State three importance of health education for healthy living. (3mks)	
	i)	
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	ii)	
	iii)	
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1 7 . T. T	Grade 7 pupils from a certain school were asked to identify career opportunities related. Health Education. List 4 career opportunities they most likely stated. (4mks)	
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CS CamScanner

The diagram below shows a patient suffering from a certain nutritional disorder.



	ii)	
	iii)	
· ·		
	During Health Education lesson, Halima was asked by her to contain all macro-nutrients. Name the three macro-nutrient	eacher to prepare a list of meal the
	State three examples of non-communicable diseases and dis	
-	On her way back home from school, Anita met a patient with	
0.	arms and legs. The above patient was most likely suffering	5 110111
10.	arms and legs. The above patient was most likely suffering (1mk)	
10.	(1mk)	
11.	(1mk)	
	(1mk)	

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	An interest of the second seco		1 h h
po	ocket. (1mk) 10 of none op it his the self of line real selfo me with 6	likely to occu	r on a
. T	forn pockets is a damage that occurs on pockets. Name the other damage	1:1-1	
	The County of th		••••••
	The second secon		
_	g the acord parent was most likely sufficient from	Cent (a) FOR	A P
	but home from school, it the ord a patient with serving and be keption in	4.	1.4
4. V	What is weaving? (1mk)		
		•••••••••••••••••••••••••••••••••••••••	••••••
j	iii)		
	ii)	Smitchart c	,0
	i) syst sout has specially obtained numerous resolution		
23.	State any 3 factors to consider when planning a family meal. (3mks)		
2.7		, , , , , , , , , , , , , , , , , , ,	•••••••
4	The two examples of minerals required by our body are iron and		_(1mk)
22.	The two overalls of		
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dilan	China to the control and and and in the transmission of the control of the contro	the state of the state of	-
Jan	and the second s		
21.	Give the difference between cosmetics and accessories. (2mks)	iti	
	Will a second to the second commence of the commence of the second of th		••••••
		* 1	
4	ii) we want to prove the same (solat). The to the same th	als courts half	
	Name any three common physical changes in adolescent boys and girls. i)		
20.	Name any three common physical along		••••••
	ii)		
	i)		. 7 3.65
19.	Name 2 examples of synthetic textile fibres. (2mks)		
	iii)		
	i) ii)		1111