**HYGIENE AND NUTRITION ACTIVITIES - CBC GRADE 2 TERM 1 EXAM 20223**

1. When served with food you should say  ................................  (1mk)
(sorry, thank you, please)
2. We should eat with our mouth  ................................(1mk)
(closed, open)
3. We buy meat from a  ................................  (1mk)
(butchery, shop, kitchen)
4. We buy cooked food from a  ................................(1mk)
5. John put a lot of food in his mouth. He talked while eating. What do you think happened to John? He was................................
(chocked, cut, suffocated) (1mk)
6. If you play with a knife you can easily................................ your fingers. (fall, cut, burn (1mk)
7. Say places where these foods are sold (4mks)

8. Colour these fruits (4mks)

9. We cut our nails short using a\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
10. \_\_\_\_\_\_\_\_\_\_\_\_\_\_are used by boys and men. (1 mk)
11. We should\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_the toilet after using it. (1mk)
12. Name the two mains sources of food. (2mks)

a)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

b)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. A ripe tomato is\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_in colour. (1mk)
2. Milk teeth are also called\_\_\_ teeth. (1mk)

Fill in with the correct answer (4 marks)

1. I eat food so as to stay \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. We eat food to get \_\_\_\_\_\_\_\_\_\_\_\_ to work
3. We eat food daily so as to \_\_\_\_\_\_\_\_\_\_\_ healthy
4. Eating food everyday prevents \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
(energy,   grow,    healthy,     illness)
5. Tick good behavior during meal time(5mks)

|  |  |
| --- | --- |
| Licking fingers |         . |
| Serving enough food |   |
| Chew food with mouth closed |   |
| Eating food too fast  |   |
| Clear the table after meals  |   |

1. Name two fruits according to colour
Green
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
Yellow
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
Red
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_