### COMPETENCY BASED CURRICULUM

#### Name 3 parts of a plant that we eat as food

1.

2.

3.

1. A cow gives us (pork, mutton, milk)
2. We eat meals in a day (1, 3, 2 )
3. The first help we give to an injured person is called ( help, pricks, first aid )
4. Wounds are covered with a

(paper, bandage, tissue )

1. The classroom dustbin should be emptied (every day, never, weekly )
2. We kill germs in water by (filtering, cooling, boiling)
3. The first teeth to grow are called

(first teeth, good teeth, milk teeth)

##### GRADE 3 - TERM 1 EXAM 2023 – HYGIENE AND NUTRITION ACTIVITIES

**NAME: SCHOOL**

#### Write 3 things we should not share

11.

12.

13.

* 1. I use to cut my finger nails (teeth, knife, nail cutter )
  2. An can be eaten raw (apple, beans, spinach )
  3. A treats our teeth. ( optician, nurse, dentist )
  4. Contaminated water can make us ( healthy, cry, sick )
  5. The main source of water is (tank, tap, rain *)*

Name three main meals we eat in a day (lunch, snacks, breakfast, chips, super, soda)

19.

20.

21.

1. Green or red pepper tastes (sour, sweet, bitter)