**441/3**

**HOME SCIENCE**

**(FOOD AND NUTRITION)**

**PAPER 3**

**PRACTICAL**

**TIME: 1 3/4 HOURS**

**CATHOLIC DIOCESE OF KAKAMEGA EVALUATION TEST**

**AUG/SEPT EXAM 2022**

***Kenya Certificate of Secondary Education (K.C.S.E)***

**THE TEST**

You are expecting **two of your friends** for breakfast before you proceed to a meeting. Prepare, cook and present **a full breakfast** for **them** using the ingredients listed below.

**Ingredients**

Margarine

Tea leaves/cocoa

Bread

Eggs/sausages

Sugar

Plain wheat flour/ Bread

Oil

Tomatoes

Salt

Milk

Millet flour/corn flakes

Fruits in season

**PLANNING SESSION- 30 minutes**

Use separate sheets of paper for each task listed below and a carbon paper to make duplicate copies.

Then proceed as follows:

1. Identify dishes and write down their recipes;

2. Write down your order of work;

3. Make a list of the foodstuffs, materials and equipment you will require.