**LONDIANI SUB COUNTY FORM 4 JOINT EXAMS**

**AUGUST – SEPTEMBER 2022 HOME SCIENCE PP2**

**NAME:………………………………………ADM NO:………………………..CLASS:………**

1. Your sister is arriving from Nairobi to take you along to your brother schools visiting day, who is in boarding school. Using the ingredients listed below prepare cook and present a lunch meal for 3 to be eaten during the visiting day, include a nutritious drink.

Rice/Wheat flour/Potatoes

Ndengu/beef

Onions

Cabbages/Kales

Tomatoes

Capsicum/Carrots

Salt

Seasonings e.g Roico etc

Fat/Oil

Sugar

Dhania

Use separate sheets of paper for each task listed below and use a carbon paper to make duplicate copies.

Planning session – 30 minutes

Then proceed as follows.

1. Identify the dishes and write down their recipes.
2. Write down your order of work.
3. Make a list of foodstuffs and equipment you will require.