**MINCKS END OF TERM 2 2022**

**HOME SCIENCE FORM 4**

**HOME SCIENCE 441/3**

Your father has been away on a business strip and is coming back home tonight. You have been asked to assist in the preparation of supper as you welcome him back home. Using all the ingredient, prepare, cook and present a two course meal for two

***Ingredients***

* Wheat flour/rice/maize flour
* Chicken/fish/beef
* Fat/oils
* Onions
* Tomatoes
* Chicken cubes/fish Masala
* Green leafy vegetables
* Carrionder
* Capsicum
* Royco
* Fruits in season

**Planning g session – 30 minutes**

Use separate sheet of paper for each task below and carbon paper to produce duplicate copies. Then proceed as follows:-

1. Identify the dishes and write down their recipes
2. Write down your order of work
3. Make a list of the food stuffs and equipments you will require.

**MARKING SCHEME**

**HOME SCIENCE PAPER 3**

**441/3 SCHEME**

**POSSIBLE MENU**

1. **Fruit salad/fruit juice/fruit punch**
2. **Chapatti/boiled rice/ugali**
3. **Stewed chicken/beef/fish**
4. **Friend spinach/kales**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **AREAS OF ASSESSMENT** | **MAX SCORE** | **AACTUAL SCORE** | **REMARKS** |
| 1. | **PLAN**  **Recipe**   * Availability ( 4x ½ ) * Correct quantity (4 x ½ ) * Correct choice of menu   **Order of work**   * Availability * Proper sequencing * Dovetailing   **List of food stuffs**   * Availability * Adequacy * Appropriateness * Correct organization of shopping list   **List of equipment and materials**  Availability  Adequacy  Appropriateness | 2  2  1  1  1  1  1  2  1  1  1  1  1 |  |  |
|  | **SUB-TOLTAL** | **16** |  |  |
|  | **SUB-TOTAL** | 15 |  |  |
|  | **PRESENTATION**  **Utensils**   * Clean * Appropriate   **Table layout**   * Well laundered(1 )table cloth(1) * Appropriate centerpiece * Correct placement of cutlery and grockery   **Garnishing**  **General impression** | 1  1  2  1  1  1  1 |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Hygiene**   * Food * kitchen * personal | 1  1  1 |  |  |
|  | SUBTOTAL | 11 |  |  |
| 4. | **ECONOMY OF RESOURCES**   * Water * Food * Fuel * Cleaning materials | 1  1  1  1 |  |  |
| 5. | **CLEANING UP**   * During work * After work | 2  2 |  |  |
|  | **SUB-TOTAL** | 8 |  |  |
|  | **TOTAL**  **ACTUAL** | 50  25 |  |  |