**441/3**

**HOMESCIENCE (FOOD AND NUTRITION)**

**PAPER 3**

**PRACTICAL**

**DECEMBER 2021**

**1HR 15 MINUTES**

**MOKASA JOINT EVALUATION EXAMINATION**

**K.C.S.E TRIAL EXAMINATION**

**HOMESCIENCE**

**441/3**

***PLANNING SESSION 30 MINUTES***

***PRACTICAL TEST SESSION IHR 15MIN***

***Instruction to candidates***

1. *Read the test carefully.*
2. *Write your name and index number on every sheet of paper*.
3. *Textbooks and recipes may be used during the planning session as reference materials*.
4. *You will be expected to keep your order of work during the practical session*.
5. *You are only allowed to take away your reference materials at the end of the planning session*.
6. *This paper consists of 2 pages.*
7. *Candidates should answer the questions in English*.

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**THE TEST**

You are at home for midterm break with your brother. Using **ALL** the ingredients listed below plan, prepare and present a full breakfast including two carbohydrate items for the two of you.

**Ingredients;**

* Millet/maize flour
* Plain wheat flour
* Milk
* Sugar
* Salt
* Tea leaves/cocoa
* Oil/fat
* Baking powder (optional)
* Eggs
* Sausage
* Arrow roots/sweet potatoes
* Fruit in season

**PLANNING SESSION; 30 minutes**

For each task listed below, use separate pieces of paper and make duplicate copies using carbon paper. Proceed as follows;

1. Identify the dishes and write down their recipes.
2. Write down your order of work.
3. Make a list of food stuffs and equipment you will require.