**HOME SCIENCE - GRADE 7 EXAMS TERM 1 2023**

QUESTIONS

1. Name any 3 healthy practices. (3mks)
2. Define descent dressing. (1mk)
3. Mention any 3 challenges faced when using different types of fuel. (3mks)
4. What is the meaning of consumer education? (1mk)
5. Give any 2 reasons for preserving milk. (2mks)
6. Prepare a recipe showing method of preparing tea. (3mks)
7. Give any 2 reasons for buttoning a shirt before hanging. (2mks)
8. State any 3 reasons for laundering clothes. (3mks)
9. Why is time management important? Give 3 reasons. (3mks)
10. What are common communicable diseases? (1mk)
11. At what age are children immunized against measles? (1mk)
12. Name any 2 healthy practices that prevent chicken pox. (2mks)
13. An advertisement can be used to promote 3 things. Name them (3mks)
14. Mention 3 aspects of wise buying. (3mks)
15. Another name for fats is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (1mk)
16. What causes kwashiorkor? (1mk)
17. Legumes are also known as \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (1mk)
18. Mention the 3 methods of preserving cereals. (3mks)
19. Name 2 examples of synthetic textile fibres. (2mks)
20. Name any three common physical changes in adolescent boys and girls. (3mks)
21. Give the difference between cosmetics and accessories. (2mks)
22. The two examples of minerals required by our body are iron and (1mk)
23. State any 3 factors to consider when planning a family meal. (3mks)
24. What is weaving? (1mk)
25. Torn pockets is a damage that occurs on pockets. Name the other damage likely to occur on a pocket. (1mk)

**MARKING SCHEME**

1. 1. eating a balanced diet
   2. getting enough rest/sleep
   3. exercising
   4. Having a shelter
   5. having good clothes
2. is the dressing according to the occasion, surrounding and culture.
3. 1. power black outs when using electricity
   2. a store may run out of kerosene when cooking
   3. firewood may not dry up due to poor weather
   4. gas can get finished while cooking
   5. charcoal can also get finished while cooking
4. This involves teaching consumers of their rights
5. 1. to last longer
   2. to prevent wastages
   3. to store it for later use
   4. to make use of the nutrients in the milk v) make condition in the milk unsuitable for germs
6. 1. boil fresh water in a sufuria
   2. add milk
   3. add tea leaves
   4. sieve into a teapot or thermos flask
   5. serve hot with or without sugar
7. 1. to avoid falling off
   2. to take a little space
   3. to avoid creases
8. 1. to last long
   2. to smell nice
   3. to kill germs
   4. to avoid spread of disease
9. 1. gives us time to rest
   2. makes us self discipline
   3. helps us to set priorities
   4. helps us to have enough time to complete our tasks
10. are diseases that can be spread easily from one person to another.
11. 9 months
12. 1. all children should be immunised against chicken pox
    2. ensure personal hygiene at all times
    3. do not share personal items
13. an item, service or a job
14. 1. right item/right service
    2. right price
    3. right quantity
15. lipid
16. lack of enough proteins in the diet
17. pulses
18. 1. sun-drying
    2. use of wood ash
    3. use of chemicals
19. 1. Polyester
    2. acrylic
20. 1. increase in weight and height
    2. pimples may appear on the face
    3. hair growing under the ampits
    4. hair growing on pubic area
21. cosmetics are items applied on the body while accessories are ween together with clothes
22. iodine
23. 1. amount of money available
    2. size of the family
    3. dietary needs of the Emily
    4. availability of food
    5. available time
24. is the process of making fabrics by interlacing two sets of yarn to produce a woven fabric.
25. loose stitches