# TERM 1 2023 PHYSICAL EDUCATION GRADE 4

1. Name four ways you can play using a ball (8 marks)
2. Name three play items used in your school (6marks)
3. Some games are played using a ball in an organised given number of players. Name three of these games (6marks)

1. Draw the following (6marks) A ball

A bean bag

1. You have been told by your P.E teacher to make a ball at home. Name three materials that you can use to make your own ball (6 marks)
2. Before any activity taking place in the field one should perform some warm up exercises. Name four examples of warm activities carried out by your P.E teacher during P.E lesson. (8marks)
3. Name two parts of your body that can be used to play a ball (4marks)
4. Paul wanted to participate in athletics. Name two track events that he could participate in (4marks)