**Hygiene and Nutrition - Grade 1 Term 1 Exam 2023**

1. We use our  \_\_\_\_\_\_\_\_ to hear ( ear, nose)
2. We use our  \_\_\_\_\_\_\_\_ to hear ( ear, eye)

**Match the materials used for washing hands**
3.                  Towel
4.                    Water
5.                          Soap
6. We comb our hair using a \_\_\_\_\_\_\_(comb, towel)
7. Which food destroys our teeth? \_\_\_\_\_\_\_\_\_\_(sweet, carrot)
8. We get tomatoes from the \_\_\_\_\_\_\_\_\_( butchery, market)
9. This is a \_\_\_\_\_\_\_\_\_ ( toilet, Urinal)
10. Dirty toilets keep \_\_\_\_\_\_\_\_\_\_(flies, ants)
11. After using toilets we should\_\_\_\_\_\_\_\_\_\_\_\_(flush, knock)

**Write the name of the foods**
12. 
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
13. 
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
14. 
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
15. 
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
(orange, banana, pineapple, milk)
16. We should \_\_\_\_\_\_\_\_\_ fruits before eating(cut, wash)
17. Talking while eating is \_\_\_\_\_manners( bad, good)
18. We should wash our hands\_\_\_\_\_\_eating( before, after)
19. We should\_\_\_\_\_\_\_\_\_ the table after eating( dirty, clean)\_
20. We use \_\_\_\_\_\_ to brush teeth( comb, toothbrush)
21. We should not \_\_\_\_\_\_\_\_\_\_ food from someone's mouth( throw, eat)
22. Food help us to \_\_\_\_\_\_\_\_( sick, grow)
23. We should \_\_\_\_\_\_\_\_\_\_\_our mouths while coughing ( wash, cover)
24. We use \_\_\_\_\_\_\_\_\_\_ in the toilet ( soap, tissue paper)
25. I wash my body with \_\_\_\_\_\_\_\_\_ and soap( tea, water)
26. We should brush our \_\_\_\_\_\_\_\_ after eating( nose, teeth)

**Draw and colour fruits you know**

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1. I have \_\_\_\_\_ eyes ( 2, 4)
2. Rotten eggs smell \_\_\_\_\_\_\_\_\_\_(good, bad)
3. Rubbish is kept in the \_\_\_\_\_\_\_\_\_( store, dustbin)
4. We should wash our \_\_\_\_\_\_\_\_after visiting the toilets( hands, face)
5. \_\_\_\_\_\_\_\_\_\_\_\_ makes our teeth strong ( sugarcane, pipes)
6. Healthy teeth are \_\_\_\_\_\_\_\_in colour ( brown, white)