**GRADE 1 TERM 1 2023**

**HYGIENE &NUTRITION**

1. Choose the correct answer from the bracket
2. We get milk from \_\_\_\_\_\_\_\_\_\_(cow, plants)
3. We buy bread from the \_\_\_\_\_\_\_\_\_\_\_(butchery, bakery)
4. Food makes us \_\_\_\_\_\_\_\_\_\_\_\_ (weak, strong0
5. Fish is food from \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (plants, animals)
6. Dirty hands have \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (germs, soil)
7. Tick ( ) for foods that are good for teeth and mark ( X ) for foods that are bad for teeth.

Food Good for teeth bad for teeth

1. Sugar cane \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_
2. Chocolate \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_
3. Coconut \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_
4. Milk \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_
5. Biscuit \_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_
6. Use the pictures to fill in the missing letters
7. Ca\_\_\_\_\_sul\_\_\_\_\_\_\_\_\_\_

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1. t\_\_bl\_\_ts
2. Colour and name the fruits

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1. We wash our \_\_\_\_\_\_\_\_\_\_\_\_\_ before removing teeth. (hands, mouth)
2. Sick people take \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to feel better.(water, medicine)
3. Teeth that we remove are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ teeth. (milk, good)
4. Use \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ water to take medicine. (dirty, clean)
5. We clean our bodies to remove \_\_\_\_\_\_\_\_\_\_\_\_\_\_ (soap, dirt)
6. We use a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to clean our nose. (sweater, handkerchief)
7. Electricity can cause \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (electric shock, drowning)
8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ can cause accidents in the kitchen. (Knife, Blanket)
9. We should wash our hands \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ visiting the toilet. (before, after)
10. A hen gives us meat and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .(milk, egg)